

OCCUPATIONAL THERAPY

Serving Portland and surrounding areas



Occupational Therapy

Providing highly skilled and client-centered treatments to support our clients' lives at home.

We provide evidence-based services tailored to our clients and their family's needs to help them live life to the fullest!

Meet Sharon Arhin, OTD, OTR/L

Director of Occupational Therapy

She is licensed by the State of Oregon and certified by the National Board for Certification in Occupational Therapy.

She has a great deal of experience working with older adults in various settings including home health, nursing homes and assisted living facilities. Sharon is passionate about empowering her clients with the ability to interact with and be productive in their environments.



Our services are covered under both Medicare Part B & Medicaid insurance!

Personalized Occupational Therapy Assessments, Training & Treatments.

Our goal is to help our clients stay in their own homes as they age. So we work hard to improve their functions in self-care, work and leisure activities.

Our services include:

- Fall Prevention & Management
- Dementia Care
- Home Modification Recommendations
- Caregiver Training
- Adaptive Equipment Recommendations

Proud to be a division of



ESSENTIAL QUALITY CARE

Contact us to schedule a consultation

EQC Occupational Therapy
7133 N Lombard St.
Portland, OR 97203

971.803.8083 | sarhin@eqchomecare.com
www.eqtherapy.care